

## Scott's Hotels Mallorca Mini-Guide for 2007

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For information regarding bookings at either of our hotels, visit:

Scott's Townhouse Hotel: <http://www.scottshotel.com>

Scott's Galilea: <http://www.scottsgalilea.com>

For information regarding our 5 million euro property giveaway and "can't lose" raffle, see: <http://www.myhideawayinspain.com>

To ring us, dial: (34) for Spain, 971 for Mallorca, and 870100 for our office.

If you detect errors in these texts, or wish to suggest additions, write to: [gwscott@scottshotel.com](mailto:gwscott@scottshotel.com)

## Table of Contents

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A BRIEF EARLY HISTORY OF MALLORCA .....	3
GETTING TO MALLORCA FROM THE UK, LOW COST FLIGHTS .....	5
TEN THINGS TO DO ON MALLORCA .....	6
Explore Palma .....	6
Take a Country Walk .....	6
Discover the Local Cuisine .....	6
Take a Pretty Drive .....	7
Get Out on the Water .....	7
Ride on the Soller Train .....	7
Experience a Fiesta .....	8
Listen to Live Music .....	8
Visit a Local Market.....	9
Get On A Bike.....	9
FOOD ON MALLORCA .....	10
MALLORCA'S FOOD FESTIVAL & FOOD ROUTES ...	12
SCOTT'S MENU DECODER .....	13
WALKING ON MALLORCA .....	14
SOME WALKS FROM SCOTT'S GALILEA .....	16
Walk up Na Bausana (615 m.).....	16
Walk to Calvià.....	16
A Walk Around Galilea .....	17
Walk to La Reserva del Puig de Galatzó .....	17
A Walk up Puig de Galazó (1027m).....	18
Walking to Estellencs.....	18
Walk to Es Capdellà.....	19
CYCLING ON MALLORCA .....	20
GOLF ON MALLORCA .....	21
EASTER ON MALLORCA .....	22
EXPLORING PALMA'S HISTORIC PATIOS .....	23
SAILING FROM MALLORCA ...	24
SHOPPING ON MALLORCA ...	25
IT'S NOT AN EASY CHOICE .....	26

## A BRIEF EARLY HISTORY OF MALLORCA

The Island of Mallorca has been home to humankind for at least the last 5,000 years, from the evidence discovered in caves in the mountains and the Northern part of the island, but the first signs of civilization appeared around 1,300 B.C. with the Talayotic culture. There are still many talaiots, or distinctive stone towers visible on the island and opinion is divided as to whether these towers were purely for the defence of primitive fortified settlements, or used as silos to store and protect grain and produce from marauding sailors, or even for funerary and ceremonial use.

Many traders came from the East around 1000 B.C. to visit the island in search of metals. A flourishing trade in metals was then developing between the Iberian Peninsula and Sardinia, and the population of Mallorca grew as the island lay on this profitable route. This trade dwindled around 600 B.C. when larger Phoenician, Carthaginian and Greek ships no longer needed to stop midway during their sea journey. Many islanders became soldiers for hire and were famous during the Punic Wars for their deadly accuracy using stones flung from a leather sling shot.

In 123 B.C. the island was conquered by the Roman, Quintus Cecilius Metelo, who named it *Balearis Major*, established the Roman towns of Pollentia in the North, which is now Alcudia, and Palma in the South and introduced olives and vineyards to the island. There are still a number of ancient olive trees up in the mountains, some of which have been carbon dated the results of which prove that they were planted before the birth of Christ.

In 465 A.D. the Island was overpowered by the ruthless Vandal King Genserico, who persecuted followers of the Christian Church and expelled over 5,000 believers to North Africa.

In 543 A.D. Byzantium came to the rescue and won Mallorca for the Province of Sardinia. The Catholic Church was restored and flourished until the increasing frequency of raids by Saracen invaders culminated in the complete conquest of the island by the Arab General Al Jaulani in 923 A.D. after a long and bloody battle. Mallorca became part of the Caliphate of Cordoba. The Arabs introduced oranges, almonds and

advanced techniques of market gardening using windmills to draw up water and irrigate the land. Palma became Medina Mayurka, many former churches were converted into mosques, and the city became the envy of all Europe with such marvels as street lighting, and heated public baths, an example of which is still to be seen in the Old City of Palma today.

The Arabs ruled peacefully for the next three centuries, until Jaime 1, King of Aragon and Cataluna landed a great fleet at Santa Ponca in 1229 A.D., conquered Mallorca and brought hundreds of Catalan families to live on the island and secure his conquest. He made Catalan the official language and these early Catalan immigrants introduced traditions and customs which are still upheld by the Mallorquin community today.

On his death, the Kingdom of Aragon and Cataluna was divided up, and his son Jaime 11 was crowned first of the two true Kings of Mallorca. Under Jaime 11, the great Cathedral in Palma, the palau D'Almudaina and Belver Castle were built, but this brief Golden Age ended with the defeat of Jaime 111 at Lluçmajor in 1349. With the final defeat of the Moors in Granada and the union of Castile and Aragon, by 1492, Mallorca became reunited with the rest of Spain.

During the 16<sup>th</sup> and 17<sup>th</sup> centuries, the island, having been depleted by wars and plague, also suffered from repeated attacks from large numbers of Pirates of the Mediterranean, and the populace of many coastal towns like Andraitx and Polenca withdrew inland to protect themselves. Coastal watchtowers were built.

In 1715, Philip V of Spain converted Mallorca into a Province of Spain and imposed Castilian Spanish as the official language.

This information is for background. The more recent history of Mallorca can be found in a variety of books.

## GETTING TO MALLORCA FROM THE UK, LOW COST FLIGHTS ...

Thomsonfly is offering direct flights from Doncaster/Sheffield, Coventry and Bournemouth. Reservations: [www.thomsonfly.com](http://www.thomsonfly.com).

Flybe goes from Birmingham and Exeter. Reservations: [www.flybe.com](http://www.flybe.com)

From London Gatwick, Luton and Stansted, Newcastle, Belfast, Liverpool and Bristol: Easyjet. [www.easyjet.com](http://www.easyjet.com)

From London-Gatwick - Excel [www.excelairways.com](http://www.excelairways.com)

From Glasgow - Air Scotland [www.air-scotland.com](http://www.air-scotland.com)

From Edinburgh and Glasgow- Flyglobespan [www.flyglobespan.com](http://www.flyglobespan.com)

From Leeds/Bradford - Jet2 <http://www.jet2.com>

From London/Stansted - Air Berlin [www.airberlin.com](http://www.airberlin.com)

In addition to these services, British Midland - BMI (daily from Heathrow), GB Airways and Air Europa out of Gatwick, all feature Mallorca year round.

British Airways is now advertising flight from London to Palma and return beginning at £19 one way. If past experience is anything to go by, we wish you luck in getting those prices, but as with Air Berlin, you just might get lucky on a midnight flight landing at 2 a.m. on Christmas Day.

# TEN THINGS TO DO ON MALLORCA

Whether your visit is over a long weekend or two weeks, here are ten suggestions of things we recommend you might like to consider for your enjoyment.

## Explore Palma

Now considered one of the most elegant Mediterranean cities, and surely one of the easiest to get to with a good choice of no-frills scheduled flights between major European airports and the island, Palma offers a wide cultural choice, with new museums and guided walking tours, shopping, restaurants, and sightseeing. Stay in Scott's Townhouse hotel in Binissalem, the wine capital, and you'll be only 18 minutes from the centre of Palma, or 25 on the train. Further information: [www.palmavirtual.es](http://www.palmavirtual.es).

## Take a Country Walk

One of the best ways to see and appreciate the tremendous variety and natural beauty of Mallorca is walk in the countryside. There are many guided walks, or books with suggested walks. If you stay at Scott's, you will be provided with a folder of essential information, including suggestions for excursions using the quietest and prettiest routes to explore the various areas on the island. We also keep many published guides for serious walkers and can arrange a professional Guide for individuals or groups by arrangement. You can also pick up a free brochure on 20 walks around the island from any tourist information offices.

## Discover the Local Cuisine

Over the past 10 years, there has been a great move on the island to promote locally produced food and wine. Three years ago the local Ministry of Agriculture introduced Good Food & Wine routes around the island to encourage visitors to seek out local producers and explore the island at the same time. Further information:

[www.illesbalearsqualitat.com](http://www.illesbalearsqualitat.com). Scott's also provide all guests with a

handy ‘ Menu Decoder’, providing useful translations of Menu items likely to be encountered, primarily to help those who do not speak Spanish, although most local people in the interior of the island speak Mallorquin, which is a form of Catalan.

### **Take a Pretty Drive**

This is a particularly easy thing to do – just look at your map and pick the smallest roads you can to go in the general direction of where you’re heading. The island is only roughly 60 miles by 40 miles, so you are never more than half an hour from a coast, and it is impossible to get lost!. There are small roads that wind through the valleys adjacent to the mountains and there are several winding coastal roads that can give you stunning views out over the sea. Ask at your hotel for recommendations. At Scott’s Townhouse, our information folders include maps for several delightful drives, short loops for a little potter around the local vicinity or longer routes for a day’s excursion. Your time is precious, and we provide our guests with the most delightful ways to explore any part of the island.

### **Get Out on the Water**

In Palma’s harbour there are several boat services that will take you out for up to two or three hours so you can see the island from the sea. Most hotels have connections to charter boats that can offer you a lovely experience of the aquatic side of the island, usually for a minimum of half or a full day. At Scott’s we recommend a particularly good boat, with English crew, Sirena Sailing. There is also a delightful way of seeing the dramatic promontory of Formentor from the sea. A local ferry service makes trips from the bay in the Port of Pollensa to the beach of Cala San Vicente, where there is an excellent small hotel with a good restaurant.

### **Ride on the Soller Train**

The ever popular antique train starts from its own station in Palma’s Plaza España and ends in the historic town of Soller. The train takes a spectacular route through the mountains and, if you catch the special scenic train which leaves every morning, it stops en route so that

passengers can enjoy a wonderful viewpoint and photo opportunity high above the mountains and overlooking the town of Soller. Further information from local tourist offices.

### **Experience a Fiesta**

Practically every week, somewhere on the island, a traditional fiesta is taking place. For example, the Moors & Christians Fiesta at Soller, which celebrates the victory over the Turkish pirates in 1561, takes place on the second Monday in May. It is extremely colourful, great fun and well worth a visit. The same type of fiesta takes place in Pollensa on August 2nd. More information is available at any of the local tourist information offices or go to: [www.infomallorca.net](http://www.infomallorca.net)

### **Listen to Live Music**

Palma is a sophisticated city for music lovers. In addition to having an excellent symphony orchestra, the island is regularly visited by first class choirs, opera and ballet companies from around the world and dozens of excellent bands and groups of all description, Music festivals and concerts from classical to jazz and pop/rock are on offer throughout the calendar year. Some of the more established include:

Jazz Voyeur Festival (+34) 971 905292 or email:  
[proartsdelmon@ono.com](mailto:proartsdelmon@ono.com)

Pollensa Festival in the cloisters of the 16th century Convent of Saint Dominigo run throughout the summer. Information and reservations:  
Tel: (+) 34 971 534 012. Fax: (+34) 971 534 019  
[www.festivalpollenca.org](http://www.festivalpollenca.org).

Chopin Festival. Concerts are featured every Sunday throughout the month of August in the famous Cartuja of Valldemossa where Chopin spent a winter with his companion George Sand. Further information and tickets: Tel & Fax: (+34) 971 612 351 [www.festivalchopin.com](http://www.festivalchopin.com).

Deia Festival. Information and reservations: Tel: (+34) 971 639 178.

## **Visit a Local Market**

On every day of the week, villages and towns across the island have their own regular markets. These markets all have their own character reflecting the local produce of that area. Some of the most popular include: Santa Maria (Sunday), Sineu (Wednesday), Inca (Thursday) and Pollensa (Sunday). Daily markets are listed in the local International press.

## **Get On A Bike**

Mallorca has a network of 1,250 kilometres of roads and approximately half of these are made up of minor and secondary roads, 675 kilometres of which have been renovated and adapted for bicycle touring over the past few years.

There is something for everyone, amateur or professional, as the main cycle routes pass throughout the length of the island and feature long flat plains, gentle and steep slopes and spectacular mountain routes (approximately 20% of these roads pass in between the mountains). In addition, new signposting and special cycle lanes have been introduced. Further information and maps are available in local tourist offices.

## FOOD ON MALLORCA

If you look at the number of conquerors who have ruled Mallorca over the centuries, and the different cultures which have been introduced by them, it is fascinating to see the lingering influences of this cultural melange in the culinary repertory that exists on the island today.

In the tourist resorts around the coast, the food is required to be recognizably 'International', and can vary from the safe and simple 'chicken and chips' available in any beach restaurant, to high quality cuisine cooked by chefs who originate from all over the world.

In the centre of the island, away from the tourist areas, it is possible to sample the 'real' culinary legacy of Mallorca. This is 'old fashioned' robust peasant style cooking, based on pork, lamb, vegetables, fish and pulses cooked in olive oil and homemade stocks, often using ground almonds as a thickener for soups, stews and sauces. Almost any village restaurant offering a 'Menu del Dia' at lunchtime will be serving some dishes that have evolved over many centuries. Look for such items as 'Lomo con col', which is pork loin wrapped in cabbage and stewed with pine nuts, or the various forms of 'Frito' a hearty fry-up usually made with peppers, potatoes and liver or other types of offal.

'Lechona', or suckling pig, is usually roasted to crispy crackling perfection, and the lean, rich flavoured island lamb is made tender with long slow roasting, often still in old wood-fired bread ovens. Tumbet is the Mallorquin version of ratatouille, with peppers, eggplant, tomato onions and potato. "Sopas Mallorquin" is not actually a soup but a thrifty homey dish of wafer thin slices of local brown bread layered with whatever vegetables and meat might be available, the dish is then filled up with a rich homemade stock and baked until the liquid is all absorbed. Other rustic pork products include the famous island 'Sobrasada' which is a soft paste of pork minced with red peppers, and the many various forms of local 'butiffaron' sausages.

At the bakery, Historical influences can be easily seen. Among the 'empanadas', delicious small raised savoury pies, usually containing lamb, either with or without peas, and a tiny dollop of sobrasada, you will see pastries shaped like an English 'Cornish pasty'. These are called 'Cocarais' and the pastry is filled with a mixture of vegetables, raisins and pine nuts...an ancient Arab recipe almost unchanged from

the middle ages. Most pastry is made with lard, and the spiral shaped 'Ensaïmadas' a particular excellent island specialty, are eaten for breakfast or dessert, either plain and dusted with a little sugar, filled with quince or pumpkin preserves, or the extra delicious 'brulee' taste of a 'crema quemado' toasted custard filling. Again the Medieval is evident in locally favoured ensaïmadas for celebrations which have slices of savoury sobrasada baked into the light whorl of the spiral...and are always served drenched in powdered sugar! An unusual beverage that you might try is the local Horchata, which is a form of almond milk.

## MALLORCA'S FOOD FESTIVAL & FOOD ROUTES ...

The main Balearic Food Festival, the **Mostra de la Cuina**, usually takes place from around the end of the first week in March until the middle of the month in the Palma exhibition hall. This fair, now in its 21st year, represents one of the most popular events in the island's calendar and provides a wonderful opportunity for visitors to sample a wide range of products, dishes and wines produced locally. There are over 50 participants at the exhibition, including 20 restaurants from around the island. Special features include cookery demonstrations of traditional Mallorcan dishes by various organisations and celebrity island chefs.

Good Food Routes - a new leaflet on food and wine routes is now available in English. **Called Rutas de Bon Gust**, the focus is on family firms producing wine, cheese, olive oil, local sausage (sobrasada), and organic products including almonds, fruit & vegetables, jams, etc.

Five routes are featured in the leaflet and visitors wishing to sample any of the products on these routes can either visit the factory within business hours or call any of the numbers listed on the leaflet (available in tourist offices on the island) to organise a visit. Full information is given in English on their website: [www.illesbalearsqualitat.com](http://www.illesbalearsqualitat.com)

At Scott's Hotel and Scott's Galilea we take great pleasure in offering assistance and information on the perfect place for you to eat, anytime. Whether you are looking for an authentic place to enjoy a rustic Mallorquin fixed price lunch while touring a distant part of the island, or you want a sophisticated restaurant with fine food for a special dinner celebration, we like to place our knowledge and experience at your service.

## SCOTT'S MENU DECODER

<b>ENGLISH</b>	<b>SPANISH</b>	<b>MOST USUAL ASSOCIATED WORDS</b>
<u>Lamb</u>	<u>Cordero</u> Excellent, lean rich dark meat	Asado = Oven roasted until 'falling off the bone' Paletilla = Shoulder Pierna = Leg Chuletas = Chops (can be tough) Bistek = thin 'minute' steak Entrecote = Rump Solomillo = Fillet Estofado = Stew Locals eat meat rare so if you want steak 'pink but not blood', say 'Rosa per sin sangre', 'Well done' = 'Bien hecho' and Medium = 'Medio hecho'
<u>Beef</u>	<u>Ternera</u> Eaten very young here	Lomo = Loin – many recipes Lechona = Suckling pig Chuletas = Chops (can be tough) Lomo con Col = pork with cabbage in a spiced pine-nut sauce
<u>Pork</u>	<u>Cerdo</u> Very good Locally produced	Al Ast = Spit roasted Escalope = Breadcrumbed Conejo con cebollas = Rabbit smothered in onions Usually roasted or 'jugged'
<u>Chicken</u>	<u>Pollo</u>	Merluza = Hake Rape = Monkfish Lubina = Sea Bass Mejillones = Mussels Cangrejo = Crac Sepia = Octopus Gambas = Prawns Calamares = Squid Almejas = Clams
<u>Rabbit</u>	<u>Conejo</u>	Sopa de caldo = clear broth with pice or pasta Sopas Mallorquinas = Local rustic speciality 'dry' soup of bread, vegetables, some meat and stock – baked
<u>Kid</u>	<u>Cabrito</u>	Frito Mallorquin is a rich mix of (usually) liver, peppers, garlic and potatoes; seafood frito is also sometimes available
<u>Fish</u>	<u>Pescado</u>	Like a 'mixed grill' of fish, sometimes also with seafood Callos = Tripe Higado = Liver Rinones = Kidneys Pica Pica = Tapas of innards in hot sauce Serrano = cured ham similar to Parma ham York = cooked sweet ham
<u>Seafood</u>	<u>Mariscos</u>	Tortilla Espanola = Spanish omelette with potatoes etc. Tortilla Francesa = Plain omelette Huevos revueltos = Scrambled eggs
<u>Soup</u>	<u>Sopa</u>	Many types. Try local Grimalt or rich Manchego
<u>Mixed dishes</u>	<u>Frito</u>	
<u>Parillada</u>	Large variety	
<u>Offal</u>		
<u>Ham</u>	<u>Jamon</u>	
<u>Eggs</u>	<u>Huevos</u>	
<u>Cheese</u>	<u>Queso</u>	

## WALKING ON MALLORCA ...

Guided or solo.

Walking has become very popular with visitors in all seasons, and many hotels now provide information about walking, and can sometimes organise a guide if one might be needed. At Scott's Galilea, our association with Mallorca's most prestigious and experienced hiking and climbing organisation means that professional advice and counsel can be obtained. Walking can be enjoyed all year round and is a great way to see much of the island's stunning scenery. Many of the prettiest and lesser known areas of outstanding natural beauty are virtually only accessible on foot.

For those visitors who wish to explore solo, a good selection of books and leaflets are available, the most famous British walker on the island, who has been researching walks on Mallorca for the past 20 years, is Valerie Crespie Green. Her book, *Landscapes of Mallorca*, is widely available in the UK and on the island.

Various municipalities have produced walking programmes with either suggestions of where to walk solo, or offer the opportunity to walk with a local guide. Below is a selection of guided walks and hiking routes to experience the real Mallorca.

Around Soller: the Soller Hotel Association has put together a comprehensive new programme of guided walks around some of the most interesting areas of the island. The programme operates 6 days a week from September onwards and features 9 different walks. Each varies in difficulty and length and costs between 15 euros and 35 euros per person. For more details check out their website: [www.mallorcamuntanya.com](http://www.mallorcamuntanya.com).

Valledemossa is famous for playing host to the composer Chopin in 1838. The town hall decided that the best way to celebrate Chopin's bicentennial was to provide a new guided tour to show visitors where he and his lover, George Sand, stayed during their time in Mallorca and the places that provided inspiration to the great composer. The walk costs 8 euros per person. For more information and reservations: Tel: +34 636 430000, or go to the local tourist office.

Calvia, the most famous resort area of Mallorca, has put together a new book of walks with aforementioned British resident, Valerie Crespi Green, who has been compiling books on walks around the island for the past 25 years. The book, entitled Landscapes of Calvia, is free to visitors and available from any one of the 6 tourist offices in the region. It features 15 different walks with easy to follow detail and advice, comprehensive maps and information on the local flora and fauna. In addition, Calvia features guided walks throughout the winter season as part of its Winter in Calvia programme for holiday visitors, which is specifically aimed at the over 55's.

Santanyi , on the southeastern tip of the island, has put together 5 suggested excursions on foot or by bicycle. These excursions take in the coastline up to Cala D'or and the Mondrago Natural Conservation Park. Brochures are available in English from local tourist offices or email: MA.Mintour07@bitel.es

Alcudia, on the northeastern coast, is an ancient Roman town and its history can now be enjoyed on a special multi-lingual guided walk, which is provided free of charge by the local town hall every Wednesday. To participate, visitors must meet in front of the main church of St Jaime at 10am. For further details contact the local tourist offices.

The Bays of the Capdepera, on the east coast, offer a number of excellent walks. A brochure has been put together by the local area tourist office, with a selection of 15 different walks clearly graded from easy to very difficult. The brochure is available in English from local tourist offices, and includes a good map of the area.

Palma's historic old town. The island's capital now features a new guided tour of the city called Palma's Monuments. The guided walk, which lasts 2 hours, is given in English every Monday and departs from the Plaza de la Reina, close to the cathedral, at 10.30 am and costs only 6 euros per person. Visitors are advised to reserve a place, which can be done through the local tourist offices or by calling: Tel: + 34 636 430000.

## **SOME WALKS FROM SCOTT'S GALILEA ...**

Scott's beautiful Galilea Cottage and Studio complex is located directly in the middle of one of Mallorca's prime walking area, and walks from Scott's can be as short as half an hour and anything up to half a day or more, depending on the difficulty of the walk and the intentions of the walkers. We've set out a sample selection below which cover a range of possibilities, though there are many more walks. Further information is available to guests.

### **Walk up Na Bausana (615 m.)**

1 hr 30 mins

Leave Scott's Galilea by the pathway and steps that go down the hill to the left of the complex. Turn left on the tiny road at the bottom and at the first crossroad, turn right. (Turn left if you wish to go up the road back to Scott's, which would make for a short walk of no more than twenty minutes) Then turn left when you reach Galilea's main up and down street. Head down past the church until you come to the Puigpunyent – Es Capdellà road. As you are heading towards the intriguingly shaped mountain on your left, follow the road towards Puigpunyent for 1 Km. You will arrive at a gate with an incorporated ladder on your right. Climb the stile and take the path to your right. Follow the little rock piles or cairns, and you'll arrive at the top in less than half an hour.

### **Walk to Calvià**

2 hrs 30 mins

Go as to Na Bausana. Ten minutes heading up the mountain follow the sign to Calvià. It is a beautiful stroll with little effort as it is mainly flat walking until you come to a small grassy plateau. Then you head down through Son Font, a residential area of large villas. Keep following the signs and you will take a shortcut through the woods. Go through the wooden gates you pass, disregarding any misleading arrows pointing to your right. You will be in Calvià in time for lunch. Then decide if you prefer to take a taxi back or walk. As you now know, the way back is mostly uphill walking.

If you do not wish to go all the way to Calvià, turn back when you come up to the house with stables.

(1 hr 15 mins)

### **A Walk Around Galilea**

30 mins

Leave Scott's by the parking area. Take the first road to your left. It soon turns into a path through the woods. As you come out of the woods, continue in the same general direction. You will arrive at a crossroad where Galilea's impressive mountain range reveals itself. This part of Galilea burnt in a forest fire five years ago and it has become an intriguing landscape with only a few tree carcasses left standing after the storm two years ago. Turn to your left to head back. (To the right is the road for firetrucks).

### **Walk to La Reserva del Puig de Galatzó**

45 mins

Go to the top of Galilea, as described above. You are now walking along with the mountains on your right hand side. At the next crossroad take a right, down the back-road to Puigpunyent. Two possibilities here: 1) If you take to the left you will come onto Galilea's main road where if you head left and then right the pathway will take you back to the bottom of Scott's. 2) If you go straight you will end up on the main Puigpunyent to Es Capdellà road. From there, take a left and you arrive at the restaurant and Galilea's main road.)

If you just ignore those two choices and continue on the outskirts of Puigpunyent, you'll just be able to follow the signs to La Reserva.

To continue to Puigpunyent itself, take a right until you can go no further, then turn right and you will end up at the village church.

## **A Walk up Puig de Galazó (1027m)**

2 hrs 45 mins

Go as for La Reserva but turn right instead of following the La Reserva sign. Take the second to your left (there is a house called Cucui at this crossroad). Continue for a couple of kilometers past houses hidden in the forest until you arrive at a steep and very rocky road going up on your right. From now on, disregard any roads wide enough for a car. At the top, you will find the path leading up the Galatzó. The first part is twisted and shady, then rocky and open to the sky as you pass the tree line. From now on you will have to follow the cairns. If you lose track of them and are considering whether you are following the actual path or a wild goats path, keep to the right. Suddenly the sea will appear, much closer than the coast we see from Galilea. It is a beautiful view, so take care not to go on a foggy day. Stop here if you don't feel up to the more difficult part.

You now have to come around to the north-west side of the Galatzó to be able to get up it. Follow the arrow and the path. You will have to cross a 40 meters wide manmade landslide of rocks then keep following the path until you get to a crossroad. Follow the arrow and then the cairns.

Beware that most of the way is quite steep and the last part rocky. Take care to bring sufficient food and plenty of water to drink.

If you prefer saving your energy for the actual climb, drive down to Puigpunyent and turn right BEFORE the church. Follow the signs leading to La Reserva del Puig de Galatzó until you get to a wide crossroad with a house called Cucui on your right hand side. Continue for a couple of kilometers past houses hidden in the forest until you arrive at a steep and very rocky road going up on your right. Park here and follow the walking directions.

## **Walking to Estellencs**

4 hrs

Go as to Galatzó. At the last crossroad, follow the sign towards BOAL DE SES SERVERES/ PAS DES COSSI/ PAS DE NA SABATERA (1h20). From now on the walk goes downwards towards the coast. The

slope is gentle but the path is rocky. There are plenty of rock cairns. You are almost certain to encounter wild goats, as in the rest of the Galatzó area. At one point you can turn off towards Font d'Alt which brings you to the same final destination by a road a bit lower down. At Boal de ses Severes you will find picnic tables and barbecues. You can walk back by one of the two paths, either will get you out and both are pretty. Or find the wider road out and you will end up on the coastal road between Andratx and Estellencs. Take a right and 2 kms later you are in Estellencs. Return arrangements should be thought out beforehand as the main problem from here is how to get back. It is possible to arrange for a Taxi to meet you.

### **Walk to Es Capdellà**

2 hrs

Walk down to the main Puigpunyent to Capdellà road. Turn towards Capdellà, go past Camí des Pins and a private property with an open gate. Take the next road to the right and then turn left. This is the old Capdellà road. Pass between a beautiful little house on your left in need of restoration and a ruin on your right. Both have outside bread (and lamb) ovens. Follow the *torrent* (Mallorquin for crevass, old waterways that have created a landslide). The first bit is rocky and a little wobbly, then it straightens out. Follow the path until you reach a gate. Apply the universal rule of the countryside and remember to leave all gates as they were when you reached them, open or closed. Cross and go left. The next bit is all red earth and almond trees. Soon you'll arrive at another gate, where you continue until you arrive at the Galilea to Capdellà road. Turn left to start back up the mountain toward Scott's, 5 km away uphill. Or turn right and 2 km away is Es Capdellà. The walk is particularly entrancing in the evening, departure before sundown from Scott's. To get back, there are buses twice daily. Unfortunately the timetable is not reliable, so it's a good idea to take a taxi – the restaurant will ring for one for you – or if you are walking with other people from the hotel, you can make arrangements to have one of your cars left near the restaurant – you can drive down to the town in two cars and leave one there. That will allow you to have dinner and then drive back together. Still, the taxi is likely to be the most convenient option.

Taxi from Es Capdellà: 971 13 47 00

## CYCLING ON MALLORCA ...

New cycling routes opening on Mallorca.

Cycling is a popular sport on the island year round, the island's mild winter climate and attractive scenery are extremely popular with both professional teams who use the combination of flat roads and mountain terrain for conditioning and training, and amateurs who simply like to ride through the spectacular scenery to be found on Mallorca. The island has a network of 675 kilometres of roads, made up of minor and secondary routes. Over the past few years, these roads have been patched and smoothed and adapted specifically for bicycle touring.

There is something for everyone, amateur or professional, as the main cycle routes pass throughout the length of the island and feature long flat plains, gentle and steep slopes and spectacular mountain routes (approximately 20% of these roads pass in between the mountains). In addition, new signposting and special cycle lanes have been introduced.

Now a range of hotels are featured which are dedicated to the needs of cyclists. These hotels, like Scott's Townhouse in the flat part of the island and Scott's Galilea in the mountains, can offer cyclists general information as well as weather forecasts etc. Dedicated areas have been put aside where cyclists can repair leave their bicycles.

A new multi-lingual cycling leaflet with a detailed map of the routes is now available from all tourist offices. For more information:  
[www.illesbalears.es](http://www.illesbalears.es).

## **GOLF ON MALLORCA ...**

The number of golfers visiting the island is on the increase and four new courses are under construction around the island, which will bring the total number of courses to 20, ranging from championship level to comfortable club level.

The Balearic Golf Association believes that Mallorca offers an extraordinary gamit of choice to the golfing market. The further four courses currently under construction are at Majoris, Puntiro, Son Vida and Santa Ponsa, big investments further underlining the industry's commitment to this sector and ensuring that Mallorca will further enhance its reputation as a key location for golf in the Mediterranean.

It is estimated that approximately over 50,000 British golfers will visit the island this year and they currently have a choice of 16 courses to play on and which are open to the public year round. Prices vary slightly from course to course but the average cost for 18 holes is approx 60 euros (approx £41.00).

The most recent to open on the island is the Alcanada Course in Alcudia. This course was designed by Robert Trent Jones, and is recommended for confident players and considered hard to fair. Course fee for 18 holes is 70 euros (approx £48.00).

Golf will also be an important feature of the Mallorca Tourist Board,s Centenary, which will be celebrated with two golf tournaments planned one on the island and one in the UK at the London Golf Club, which is twinned with Royal Golf Club Bendinat on Mallorca.

Herewith a selection of some of the best websites for reservations and further information:

[www.mallorcaonline.com](http://www.mallorcaonline.com)

[www.allspaingolf.com](http://www.allspaingolf.com)

[www.golfmallorca.com](http://www.golfmallorca.com)

[www.magoco.com](http://www.magoco.com)

## **EASTER ON MALLORCA ...**

For visitors to Spain, and especially on Mallorca, Easter can be one of the most interesting experiences available to tourists, with concerts, processions, and high holy ceremonies to view or take part in. Holy Week starts with Palm Sunday and the traditional blessing of palms and olive branches at churches all over the island, followed by magnificent processions that take place during Easter week both in the capital and in all the other towns. Among the largest and most interesting is the solemn "La Sang" procession held on Maundy Thursday in Palma as the crucified Christ is carried through the streets. In Pollensa, to the north of the island, the dramatic "Devallament" (Descent from the Cross) is a torchlit silent procession on Good Friday.

## **EXPLORING PALMA'S HISTORIC PATIOS ...**

Now available are special guided walks, in English, taking visitors around the best examples of Palma's patios in the city's old town. This walk provides a wonderful opportunity to see the grand patios behind the imposing wooden doors of these historic palacios. The walk costs 3 euros per person and lasts about 2 hours. Reservations: (+ 34 ) 971 49 59 47.

## **SAILING FROM MALLORCA ...**

Blessed with some of the finest combinations of blue waters, perfect winds, clement weather and protected bays, Mallorca is one of the Mediterranean's prime sailing venues. There are busy marinas all along the coast of the island, some of them right in the centre of the capital, Palma.

Many key regattas are held in the Bay of Palma annually including the prestigious Queen of Spain's "Regatta Princesa Sofia" regatta held during Easter week (20th to 30th March). The king and at least one of the princes often take part and yachts from all over the world can be found in the lists of competitors, or simply just observing.

## SHOPPING ON MALLORCA ...

As one of the top shopping destinations in the Mediterranean, Palma gears up for the season by offering a useful new shopping guide to the island.

The local chamber of commerce, in conjunction with all the main retailing associations, has combined forces to produce a definitive guide to shopping on the island. The guide is available in six languages.

It features 229 different shops and boutiques that will offer a 10 to 20% discount to customers using the guide, which also includes valuable general, cultural and tourism information on the island.

The new shopping guide is free to visitors and will be distributed via main tour operators and can also be obtained in all local tourist offices throughout Mallorca

Palma features a concentration of top international designer names, quality artisan handmade goods and products, and boutiques. Palma still has many individual, privately owned boutiques and shops providing a good range of unusual items not normally found in the large stores.

At the same time, if designer goods are what you're looking for, Prada, Loewe, Burberry, Ralph Lauren, Versace, Cartier, Mont Blanc, Mandarin Duck, Farrutx, Lacoste, Carolina Herrera and Camper and many more are just a few of the names you will find in the excellent range of small boutiques in Palma. In addition, there are the less expensive favourites such as Zara, Mango and Massimo Dutti.

The majority of shops are open throughout the day (although some traditionally close at lunchtime). Mallorca remains good value for the British. On average goods are about a third less expensive than in the UK.

# It's Not an Easy Choice ...



## Scott's Galilea

Said to have the prettiest views of any Mallorca hotel -- and all of our guests have this broad vista from private terraces where we serve breakfast on a tray until noon



## Scott's Townhouse

Recently chosen by renowned hotel critic Alistair Sawday as one of his six favourite hideaway hotels in Spain

But you don't actually have to choose just one or the other

--

you can book both hotels and get a discount

Visit [www.scottshotel.com](http://www.scottshotel.com) and [www.scottsgalilea.com](http://www.scottsgalilea.com)